



# Butterfly Run Ottawa

*Being a bereaved parent is a path no one should walk alone*

Supporting Ottawa and area families who have experienced infertility, a loss during pregnancy or the loss of an infant.

## **Memory Making Resources**

### **QuaintBaby Art- Laura Steerman**

Ultrasound Art

<https://www.quaintbabyart.com/>

### **Still Loved**

Free Birthday Card mailed for your Childs Birthday

<https://www.still-loved.org/>

### **Molly Bears**

Bears that are created to match your baby's weight

<https://mollybears.org/>

### **I Love You Still**

Memorial Baby Book

<https://www.iloveyoustillbook.com/>

### **Paper Turtle**

Homemade ceramic and biodegradable urns

<http://www.paperturtle.com/people.html>

### **Loved Remembered**

Cremation Jewelry Keepsakes

*Ordered through your funeral home*

<https://www.lovedremembered.com/>

### **Twinkle start projects**

Crocheted baskets created with the size and delicate state of the babies they hold in mind

<https://www.twinklestartproject.com/basketproject>

### **TFMR Mamas Keepsake Ideas**

<https://www.tfmrmamas.com/post/keepsakes-momentos>

### **Honouring our babies due dates**

Ideas on what to do

<https://www.tfmrmamas.com/post/what-do-we-do-on-our-baby-s-due-date>